

If you are interested in helping us make the RESILIEN-T even more fun, please contact us.

RESILIEN-T

is part of the Active & Assisted Living Programme (AAL Programme), an initiative approved by the European Parliament and the Council of the European Union.

The RESILIEN-T consortium is a group of companies and institutions with complementary strengths and expertise, working to develop an ICT self-management solution to be used by independent and autonomous older adults with Mild Cognitive Impairment.

Project start date : 01/03/2019
Duration: 36 months Total

Consortium Partners

Nine partners - SME (4), Research Institutions (3) and end user organisations (2) – from Italy, Canada, Switzerland and the Netherlands.

Contact

Lorena Rossi (coordinator), INRCA (IT)

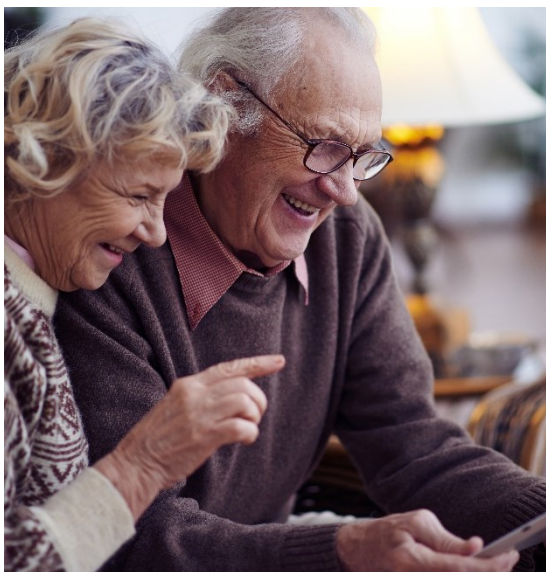
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RESILIEN-T



A coach that helps you become RESILIEN-T



Are we only concerned about memory?

Have you been diagnosed with Mild Cognitive Impairment or are you worried about having one?

Worry not!

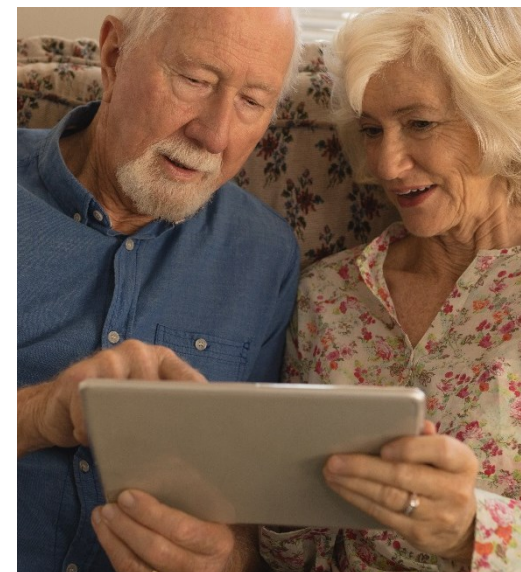
There is good scientific evidence that a healthy lifestyle including regular physical, social and cognitive activity plus good nutrition, can help to support memory and wellbeing.

Are you a care professional, looking after older adults with cognitive limitations?

Are you representing a community centre or another care giving organisation?

RESILIEN-T will deliver coaching services related to nutrition, physical activity, cognitive exercises, and social relationships.

If after reading our brochure you are enthusiastic to learn more about RESILIEN-T, contact us to organise a workshop.



Have you noticed a change in the cognitive state of your loved one?

Are you sometimes worried about them when you are not there?

RESILIEN-T can help those you care about maintain their abilities and take better care of themselves.

RESILIEN-T aims to make technology that is fun to interact with, get advice and make suggestions.