RESILIEN-T

is part of the Active & Assisted Living Programme (AAL Programme), an initiative approved by the European Parliament and the Council of the European Union.

The RESILIEN-T consortium is a group of companies and institutions with complementary strengths and expertise, working to develop an ICT self-management solution to be used by independent and autonomous older adults with Mild Cognitive Impairment.

Project start date: 01/03/2019
Duration: 36 months Total

Consortium Partners

Nine partners - SME (4), Research Institutions (3) and end user organisations (2) – from Italy, Canada, Switzerland and the Netherlands.

Contact

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If you are interested in helping us make the RESILIEN-T even more fun, please contact us.

A coach that helps you become RESILIEN-T
Are you a care professional, looking after older adults with cognitive limitations?

Are you representing a community centre or another care giving organisation?

RESILIEN-T will deliver coaching services related to nutrition, physical activity, cognitive exercises, and social relationships.

If after reading our brochure you are enthusiastic to learn more about RESILIEN-T, contact us to organise a workshop.

Have you noticed a change in the cognitive state of your loved one?

Are you sometimes worried about them when you are not there?

RESILIEN-T can help those you care about maintain their abilities and take better care of themselves.

RESILIEN-T aims to make technology that is fun to interact with, get advice and make suggestions.

Are we only concerned about memory?

Have you been diagnosed with Mild Cognitive Impairment or are you worried about having one?

Worry not!

There is good scientific evidence that a healthy lifestyle including regular physical, social and cognitive activity plus good nutrition, can help to support memory and wellbeing.